

# ASSFAMISHED



bitesize

THE SECRET TO A SUCCESSFUL COCKTAIL PARTY IS A TASTY SELECTION OF APPETISERS

## avocado salsa

- 1 avocado, diced
- 2 roma tomatoes, diced
- ¼ red onion, finely diced
- ½ bunch coriander, roughly chopped
- 1 clove garlic, chopped
- 1 long red chilli, finely chopped
- 2 tbs lemon juice
- 2 tbs olive oil
- sea salt and cracked black pepper

Carefully mix all the ingredients together. Transfer to a clean bowl and serve with Tucker's Natural Coriander and Cracked Black Pepper gourmet crackers.

## pumpkin dip

- 250g pumpkin, peeled, deseeded and cut into 3cm chunks
- 4 cloves garlic, skin on
- 30g smoked almonds
- 100ml olive oil
- ¼ tsp salt flakes

Roast pumpkin and garlic in a little olive oil to a lightly golden colour. Allow to cool and peel the garlic. Place all the ingredients into a food processor and process until smooth. Transfer to a serving bowl and serve with Tucker's Natural Oatmeal gourmet crackers.

## beetroot dip

- 500g fresh beetroot, peeled and cut into 3cm chunks
- 75ml olive oil
- 2 cloves garlic, peeled
- 2 tbs chilli jam
- 1½ tsp roasted cumin seeds
- 1½ tsp roasted ground coriander seeds
- ¼ tsp salt flakes

Roast beetroot in a little olive oil until cooked. Allow to cool. Place all the ingredients into a food processor and process until smooth. Transfer to a clean bowl and serve with Tucker's Natural Caramelised Onion gourmet crackers.

## other ideas



- + Top with cream cheese, prawn, coriander, a slice of chilli and a squeeze of lemon juice.
- + Top with cream cheese, salami, olive and mint leaves.
- + Top with cream cheese, smoked salmon, lemon zest and fish roe.

Tucker's Natural  
Gourmet Crackers  
\$4.49, from Coles  
and Woolworths.

